

# Perspectives

From the Office of Faculty Development



Where the world comes for answers



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

Director: S. Jean Emans, MD Interim Director, Basic Science Career Development: Carla Kim, PhD, Program Director: Maxine Milstein, MBA

Editor: Jill Dobriner, PhD

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## My Boston Children's Story: S. Jean Emans, MD, Director of the Office of Faculty Development, Mary Ellen Avery Professor of Pediatrics at Harvard Medical School, Chief Emeritus, Division of Adolescent/Young Adult Medicine at Boston Children's Hospital

I am fortunate to have been at Boston Children's Hospital for more than 50 years! I grew up in Palo Alto CA and traveled east for college and medical school at Harvard. John Emans (future MD and BCH faculty member in Orthopedics) and I married after our first year of medical school. I was one of 12 women in my class at HMS and early became an advocate for young women's health, women's career development, and health equity. While I was a pediatric resident, Judah Folkman, MD, then Chief of Surgery, came to Senior Rounds and asked for a volunteer to play a major role in his vision to establish the first pediatric and adolescent gynecology program at a children's hospital with both surgical and medical expertise. He recruited Donald Goldstein, MD, to lead the surgery division and I volunteered to undertake extra training at the Beth Israel Hospital to provide the medical expertise for the new program. I saw patients in both the Adolescent and the Gynecology programs, and wrote with Don the first edition of our text *Pediatric and Adolescent Gynecology* in 1976 (now in its 7th edition). Stressing the need for scholarship, Mel Avery (Mary Ellen Avery, MD) was always questioning faculty "what are you writing?" and you needed to have a quick answer whenever you ran into her!

I can't underestimate how important family activities – skiing, hiking, camping, water sports – and attention to work/life balance are for providing energy for the next challenges. John and I also learned first hand what parents experience when our daughter had 6 operations at BCH by John Hall, MD. We are grateful that our 2 children and their families, including 5 grandchildren ages 3 to 11, live nearby in Massachusetts.

As I found helpful colleagues and mentors, I also learned "on the job" about leadership chairing the Division of Adolescent Medicine coupled with being PI of the MCHB-funded Leadership Education in Adolescent Health (LEAH) program, training physicians, nurses, social workers, psychologists and nutritionists. I had also served as a BCH liaison to HMS for initiatives to increase diversity and promotion of women faculty at HMS and when Jim Mandell, MD, became CEO at BCH, he asked me to create an Office of Faculty Development at BCH. I was able to use my experience in Adolescent Medicine providing care for parents and teens to develop models that could help Chairs and faculty clarify their values and career trajectories. Our team created and popularized the concept of Developmental Networks for mentoring and support (see <https://www.childrenshospital.org/research/office-faculty-development/community-mentors>). I also learned to be a proponent of the "24 hour rule" which is especially important for women faculty. This rule means that faculty need to be good citizens but will be able to find more success if they weigh taking on new assignments for 24 hours; faculty can say "Thanks for thinking of me for this honor [task, new committee, etc], I will get back to you tomorrow." Then take 24 hours to reflect on how the new responsibility fits into one's time, career, etc.! I am glad to see BCH move from "on the job" training to more formal, intentional training in leadership.

**More Honors for Dr. Emans: Jean Emans, MD, has been selected to receive the 2022 HMS Joseph B. Martin Dean's Leadership Award for the Advancement of Women Faculty – see p. 2**



Jean Emans, MD, Director of the Office of Faculty Development, Emeritus Chief, Division of Adolescent /Young Adult Medicine

### Peter C. Laussen, MBBS, FANZCA, FCICM, Executive VP, Health Affairs, on Dr. Emans' legacy:

*"Jean's remarkable career is an inspiration for us all. Her dedication and total commitment to patients and families set the standard. Her contributions to Adolescent Medicine, from a nascent field to one of vital importance across healthcare, took vision and true leadership. As a mentor, Jean is incomparable with her commitment and passion to advance and support generations of trainees and faculty, and particularly women faculty and those underrepresented in medicine. Thank you, Jean, for all that you lead and accomplish. You truly make a difference."*

### Congratulations to Leonard I. Zon, MD, Boston Children's 2022 HMS Excellence in Mentoring Award Recipient

#### William Silen Lifetime Achievement in Mentoring Award

Leonard I. Zon, MD, HMS Professor of Stem Cell & Regenerative Biology and Grousbeck Professor of Pediatrics, Boston Children's Hospital

Look for Dr. Zon's mentoring tips in the next issue of *Perspectives*!



Leonard Zon, MD

### BCH Recipients of the HMS PACE Award 2022

The HMS Program Award for Culture of Excellence in Mentoring (PACE) acknowledges departments, divisions, offices or programs for creating a culture of excellence in mentoring. These PACE programs are leaders in mentoring innovations and assist other hospital programs in constructing mentoring networks.

#### *Pediatric Dermatology Student-Faculty Collaborative*

Boston Children's Hospital and Harvard Medical School

#### **Program Leaders:**

Jennifer Huang, MD, HMS Associate Professor of Dermatology; Section Chief, Dermatology, Boston Children's Hospital

Sadaf Hussain, MD, HMS Instructor of Dermatology; Attending Physician, Dermatology Program, Boston Children's Hospital



**Jennifer Huang,  
MD**



**Sadaf Hussain, MD**

### **More Honors for Dr. Emans**

Jean Emans, MD, has been selected to receive the 2022 HMS Joseph B. Martin Dean's Leadership Award for the Advancement of Women Faculty. This award is a tribute to Dr. Emans' long-term involvement in advising, training, mentoring, and advancing opportunities for faculty and trainees. She is particularly known for strongly supporting, women and underrepresented in medicine (UiMs) faculty and trainees from diverse backgrounds to pursue and achieve rewarding academic medical careers. Dr. Emans not only identified the challenges to women and UiM faculty and trainees, she used her many roles to transform the landscape to help assure their success.

### **Inaugural Diamond Blackfan and Blackfan Diamond Chairs in Neuroscience Announced**

#### *Congratulations to:*

Annapurna Poduri, MD, MPH, Director, Epilepsy Genetics Program at BCH and Professor of Neurology at HMS, on being named the inaugural incumbent of the Diamond Blackfan Chair in Neuroscience Research; and Clifford Woolf, MB, BCh, PhD, Director of the F.M. Kirby Neurobiology Center and the Neurobiology Program at BCH and Professor of Neurology and Neurobiology at HMS, on being named the inaugural incumbent of the Blackfan Diamond Chair in Neuroscience Research.

Dr. Scott Pomeroy, Chair of the BCH Department of Neurology and HMS Bronson Crothers Professor of Neurology, provides the background to the chairs: "The Diamond Blackfan and Blackfan Diamond Chairs are funded through a generous donation of the John Gamble Trust to support neuroscience research. They honor and provide continuation of the legacy of translational research by John's father James Gamble, a giant in the early years of Boston Children's Hospital. Dr. Gamble conducted basic research on body chemistry and acid/base balance in children including a landmark study defining states of acidosis from fasting to treat epilepsy, a precursor to the current therapy ketogenic diet. His close friend and Chair of Pediatrics, Kenneth Blackfan, collaborated with Walter Dandy to understand brain fluid dynamics related to hydrocephalus, identifying the choroid plexus as the primary site for the production of cerebrospinal fluid. Dr. Blackfan mentored Louis Diamond and collaborated to make seminal contributions to understand hematologic disorders. The remarkable generosity of the Gamble Trust ensures that this great legacy of collaboration to bring basic science research into clinical practice will continue today."



**Annapurna Poduri, MD, MPH, in her laboratory**



**Clifford Woolf,  
MB, BCh, PhD**

### **Director's Perspectives, by S. Jean Emans, MD**

I have always enjoyed the New England fall and appreciate the idyllic pumpkin patches, apple orchards, and brightly colored falling leaves. We hope that climate change and droughts will not dull the landscapes and that we will continue to emerge from the challenges wrought by the COVID pandemic. As I retire from my role as Director of the Office of Faculty Development in December, I would like to commend all faculty for creating the resources for colleagues and trainees as well as for patients and families that have built our culture of support for all. I will continue to applaud our community of mentors, educators, clinicians, and researchers.

## Update from the BCH Office of Health Equity and Inclusion

Kevin B. Churchwell, MD, President and CEO, Boston Children's Hospital, commissioned a portrait of Alvin F. Poussaint, MD, Professor of Psychiatry, Emeritus; Former Faculty Associate Dean for Student Affairs; and Former Director of the Office of Recruitment & Multicultural Affairs. On June 16, 2022 at 12:00 pm a special Portrait Unveiling Ceremony was held.

Also on June 16, 2022, the Office of Health Equity and Inclusion hosted a special Juneteenth Grand Rounds lecturer: Robert S.D. Higgins, MD, MSHA, President of Brigham and Women's Hospital, and Executive Vice President of Mass General Brigham, who presented "*Can We Find a Silver Lining? The Role of Academic Leadership in the Future.*"



**Robert S. D. Higgins, MD,  
MSHA**

**Valerie Ward, MD, MPH**, Assistant Professor of Radiology; BCH Senior Vice President and Chief Equity and Inclusion Officer; Director, Sandra L. Fenwick Institute for Pediatric Health Equity and Inclusion; Director, Office of Health Equity and Inclusion, Boston Children's Hospital, on Dr. Jean Emans' legacy:

*"Dr. Jean Emans is known for her outstanding mentorship of women faculty and underrepresented in medicine (UiM) faculty throughout her exceptional career. She has been committed to making the academic medical career pathway more straightforward and understandable for all faculty, and more inclusive for women and UiM faculty. Her unwavering and intentional efforts to mentor, sponsor, advance and retain very well qualified women faculty and UiM faculty have contributed greatly to our hospital's inclusive working and learning environment."*

## Update from the Medical Library: the BCH Medical Library is now located in the Karp Building!

Come see us in the new Karp Commons, on the 1st floor of the Karp building. Open to all employees with a badge. We have seating, touchdown computers, printing, and quiet work space. We appreciate your patience as we unpack. We look forward to seeing you in our new home!

For all library updates, see <http://web2.tch.harvard.edu/library/index.html>



**Located near the central BCH campus, the Karp Commons Medical Library offers amenities and quiet**

## Basic Science Corner, by Carla Kim, PhD, Professor of Genetics and Pediatrics

The Research Engagement Committee is happy to announce the 2022-2023 Research Seminar Series:

- 9/15/22 - Jose Ordovas-Montanes, PhD – Division of Gastroenterology
- 10/20/22 - Dept. of Plastic and Oral Surgery EDI Steering Committee
- 11/17/22 - Martha Sola-Visner, MD – Division of Newborn Medicine
- 12/15/22 - Sun Hur, PhD – Program in Cellular and Molecular Medicine
- 1/19/23 - Eric Gaier, MD, PhD – Department of Ophthalmology
- 2/16/23 - Res EDI Steering Committee Hosted Seminar (Speaker TBD)
- 3/16/23 - Marcos Simoes-Costa, PhD – Department of Pathology
- 4/20/23 - Res EDI Steering Committee Hosted Seminar (Speaker TBD)
- 5/18/23 – PDA Hosted Seminar (Speakers TBD)
- 6/15/23 - Brielle Ferguson, PhD – F.M. Kirby Center of Neurobiology

We will be launching an ongoing meet-up series focused on supporting research faculty. Topics will include personnel management, grant writing, and many more! More information to come.

The Research Excellence and Responsibility Committee is hosting the 28th Annual Enders Lecture with our honorary guest, Dr. Joan Steitz, on 10/12. Her presentation will be held in the Folkman Auditorium as well as via zoom.

## Frederick Alt, PhD, to receive the 2023 Paul Ehrlich and Ludwig Darmstaedter Prize

Congratulations to Frederick Alt, PhD, the HMS Charles A. Janeway Professor of Pediatrics and Chair of the BCH Program in Cellular and Molecular Medicine, who will be awarded the 2023 Paul Ehrlich and Ludwig Darmstaedter Prize, an award from Germany. The Prize underscores Dr. Alt's innovative research on the immune system and its recognition of antigens.



**Frederick Alt, PhD**

Please join the Office of Faculty Development as we welcome new faculty to Children's!

### **Anesthesiology, Critical Care and Pain Medicine**

Carlos Camelo, MD  
Sean Davies, MD  
Carine Foz, MD  
Delbert Lamb, MD  
Yang Li, PhD  
Tanya Novak, PhD  
Jill O'Hara, MD  
Sangeetha Rao, MD  
Nadine Straka, MD

### **General Surgery**

Danielle Cipres, MD  
Alireza Shamshirsaz, MD  
Merrill Weitzel, MD

### **Neurology**

Maya Chopra, MBBS  
Roula Choueiri, MD  
Darius Ebrahimi-Fakhari, MD, PhD  
Brielle Ferguson, PhD  
Leslie Hayes, MD  
William Hong, MD  
Jed Hubbs, PhD  
Hannah Johnson [Shapiro], MD  
Agnieszka Kielian, MD  
Jessica Klein, MD  
Catherine Salussolia, MD, PhD  
Diane Shao, MD, PhD  
Kimberly Wiltrout, MD

### **Orthopedic Surgery**

Hiroko Matsumoto, MD  
Michelle Mo, MD

### **Pathology**

Juan Putra, MD  
Jonathan Slack, MD

### **Radiology**

Karen Alexander, MD  
Patrick Duffy, MD  
Atsuhiko Handa, MD  
Lina Lu, MD

### **Stem Cell Program**

Wade Sugden, PhD

### **Urology**

Julia Finkelstein, MD, MPH  
Melise Keays, MD, MSc  
Ted Lee, MD, MPH  
Hatim Thaker, MD  
Rena Xu, MD, MBA

### **Vascular Biology**

Kellie Machlus, PhD

### **Department of Pediatrics – Divisions**

#### **Adolescent Medicine**

Joanna Brown, MD, MPH  
Laura Grubb, MD, MPH

#### **Developmental Medicine**

Meredith Close, MD

#### **Emergency Medicine**

Jason Todd, MD  
Grace Ye, MD

#### **Endocrinology**

Lindsey Gaston, MD

#### **General Pediatrics**

Katherine Canty, MD  
Alyssa Coffin, MD  
Daniel Echelman, MD, PhD  
Valentine Esposito, MD  
Peter Hong, MD  
Abigail Keogh, MD  
Leah Rappaport, MD

#### **GI-Nutrition**

Amanda Gomez, MD  
Corrie Klepper, MD  
Jenifer Lightdale, MD  
Melissa Musser, MD, PhD  
Kate Templeton, MD  
Desiree Velez, MD, PhD

#### **Hematology-Oncology**

Jonathan Paolino, MD  
Wade Sugden, PhD  
Maria Trissal, MD, PhD  
Puja Umaretiya, MD  
Franziska Wachter, MD  
Nina Weichert-Leahey, MD  
Lara Wahlster, MD  
Takuto Takahashi, MD  
Adam Yan, MD

#### **Immunology**

Tina Banzon, MD  
Siobhan Case, MD  
Ryan Nelson, MD  
Alan Nguyen, MD  
Daniel Shin, MD

#### **Infectious Diseases**

Steven Siegel, MD, PhD

#### **Informatics**

Felix Dietlein, PhD  
William La Cava, PhD

#### **Medical Critical Care**

Christina Cifra, MD  
Suzanne Gouda, MD  
Tommy Martin, MD  
Amrita Sinha, MD  
Hugues Yver, MD

### **Department of Pediatrics – cont.**

#### **Nephrology**

Isa Ashoor, MD

#### **Newborn Medicine**

Paige Church, MD  
Sheng He, PhD  
Madeline Keyes, MD  
Tierney Morrison, MD  
Kristin Santoro, MD  
Jeffrey Stout, PhD

#### **Pulmonary**

Laura Chiel, MD  
Jaclyn Davis, MD  
Timothy Klouda, MD

**If your name was inadvertently omitted, please contact [ofd@childrens.harvard.edu](mailto:ofd@childrens.harvard.edu) so we can include you in our faculty distribution list.**

### **The Office of Faculty Development**

**Invites You to a Special Virtual Celebration To Honor the Recipients of the 2022 Boston Children's Hospital Fellowships, Research, Medical Education, and Program Awards**

**Thursday, October 20, 12 –1:00 PM, via Zoom**

**Awards Ceremony sponsored by:** Kevin Churchwell, MD, President and CEO; Nancy Andrews, MD, PhD; Chief Scientific Officer; Jean Emans, MD, OFD Director; and Alan Leichtner, MD, MSHPEd, Chief Education Officer

**RSVP to [ofd@childrens.harvard.edu](mailto:ofd@childrens.harvard.edu) for Zoom link**

### Wellness Tip – Take Daily Happiness Boosters

Most parents are familiar with the practice of including encouraging notes in a child’s backpack to boost well-being and happiness. Now is the time to start boosting your own happiness as you move through your day! Here are some ways to promote these moments:

*In your tote:*

- Keep a favorite book at hand and read a few paragraphs that are especially important to you; the book could be fiction, poetry, or non-fiction prose; it doesn’t matter as long as the work releases a positive emotional response
- Postcard images of artwork or saved photos on your phone from museum collections or exhibits
- Cherished vintage recipe card from an older family member or friend that conveys good memories
- Notes from colleagues, patients, or family members that remind you how awesome you are

*If you have a spare hour:*

- Visit a garden and savor a few minutes to appreciate natural beauty. If you are in the LMA, the Gardner Museum Courtyard can be inspirational
- Connect with a friend – or make plans for a meet-up
- Do your favorite workout routine - your most enjoyable routine that results in either relaxation or increased energy (or both!)

### Make Monday Magical – Vacation Recap Tea Party

Set aside a September or early October Monday afternoon or evening to reflect with family members on the past year’s vacations or staycations. Brew a pot of chamomile tea (if younger members have never tried an herbal tea this might be a good time for a tasting) and arrange cups and saucers around the table, with nicely folded napkins.

- What were the best vacation/staycation moments? Have some photos available on the table or virtually to initiate some reflection. If easier, you can ask kids to draw pictures or cartoons of their adventures.
- Did the summer meet expectations? What would you do differently?
- Begin planning the next series of trips: eventually, on another Monday, take out maps of your town, your state, the USA, the world and block out weeks on a calendar; do google searches on literature pertaining to these destinations to generate interest on culture and possible activities to enjoy.



On Saturday, September 24, the annual OFD Apple-Picking Expedition ventured into Westward Orchards for an afternoon amongst apples, pumpkins, family members, and friends.

“We had a great time. My girls have been attending this event since they were 5 months old and we look forward to it every year” –note from an enthusiastic participant



Where the world comes for answers

**WFC Women’s Council and WFC Advisors: Jean Emans, MD – Chair**  
Please email [ofd@childrens.harvard.edu](mailto:ofd@childrens.harvard.edu) for information on these committees

#### WFC Council:

Andrea Bauer, MD  
Laurie Fishman, MD  
Susan Goobie, MD  
Ingrid Holm, MD, MPH  
Carla Kim, PhD  
Margaret Kenna, MD, MPH  
Maitreyi Mazumdar, MD, MPH  
Mary Mullen, MD, PhD  
Lise Nigrovic, MD, MPH  
Nicole Ullrich, MD, PhD  
Valerie Ward, MD, MPH  
Joanne Wolfe, MD, MPH

#### WFC Advisors:

Theresa Becker, DO  
Hong Chen, PhD  
Ming-Hui Chen, MD  
Sangita Choudhury, PhD  
Christy Cummings, MD  
Lynne Ferrari, MD  
Lindsay Frazier, MD  
Carly Guss, MD, MPH  
Emma Knowles, PhD  
Lois Lee, MD, MPH

#### WFC Advisors, cont.

Rebekah Mannix, MD, MPH  
Amy O’Connell, MD, PhD  
Elizabeth Rider, MD, MSW  
Christiana Russ, MD  
Sarah Teele, MD  
Sara Toomey, MD, MPH  
Paula Watnick, MD, PhD  
Carol Weitzman, MD