

# EEG- Outpatient Ambulatory

My Hospital Story



**Boston Children's Hospital**

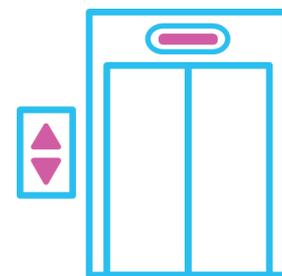
December 2023

I am getting ready for my visit to Boston Children's Hospital for an EEG. This test helps my doctor learn more about my brain.





First, we will walk through the hospital lobby and take the Fegan elevators to the 9<sup>th</sup> floor.





Then, we will talk with someone at the front desk. They will give me a bracelet with my name on it.





Next, we will wait for my name to be called. I can sit or play quietly while I wait.

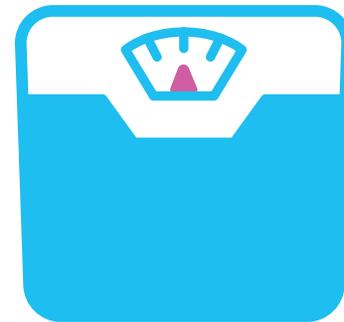


When it's my turn,  
a technologist will  
call my name. We  
will walk to a new  
room.

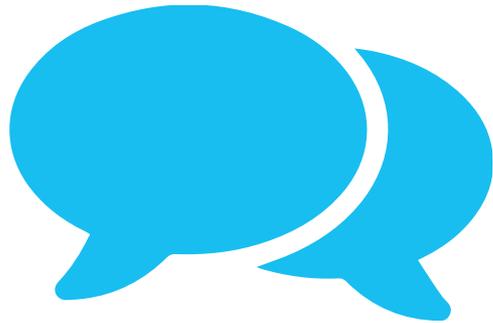




I might step on a scale to see how much I weigh. The technologist might ask me to take off my shoes.



Next, the  
technologist will  
talk with me and  
my caregiver  
about the EEG.

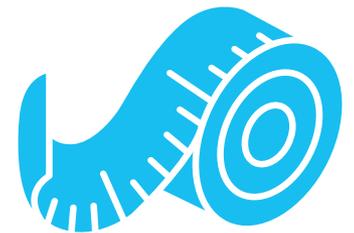




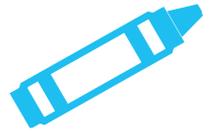
When it's time to start the EEG, I will lay down on the exam bed.



The technologist will measure my head with a tape measure. I will keep my body very still.

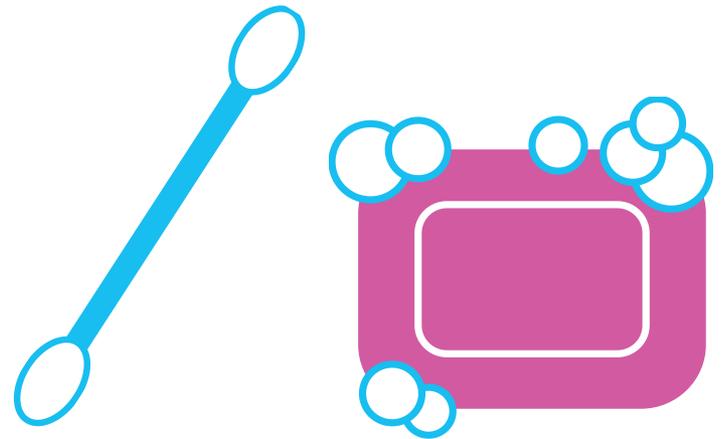


Next, the technologist will draw dots on my head with a soft crayon.

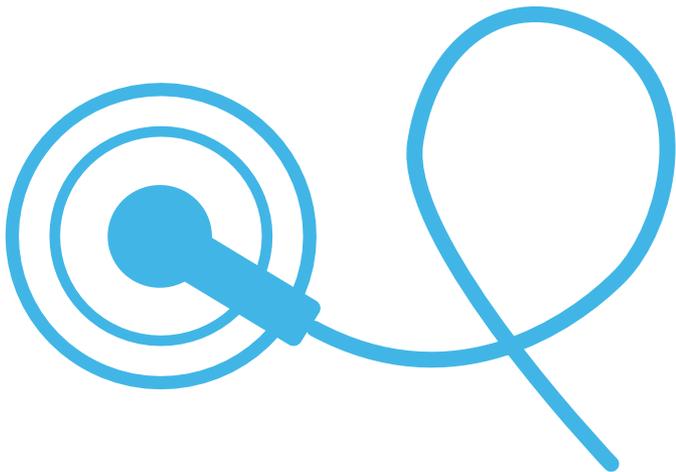




The technologist will use a Q-tip and soap to clean my head. The soap might feel sandy.



Next, the technologist will place electrodes on my head. The electrodes look like small buttons.





I can play with a toy  
or watch a movie  
while the  
technologist is  
putting the buttons  
on my head.



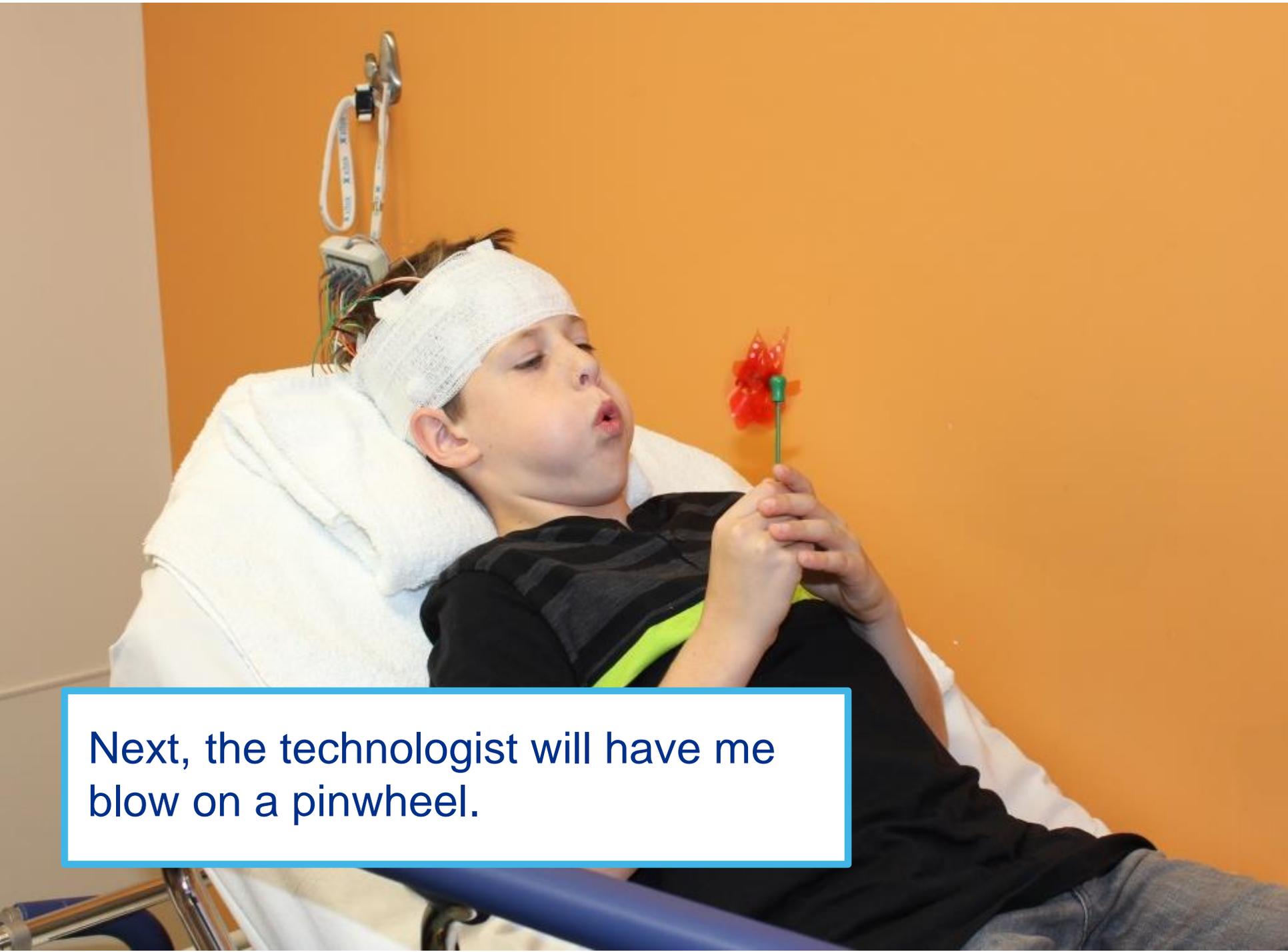


The technologist will use special tape to help the buttons stay in place.

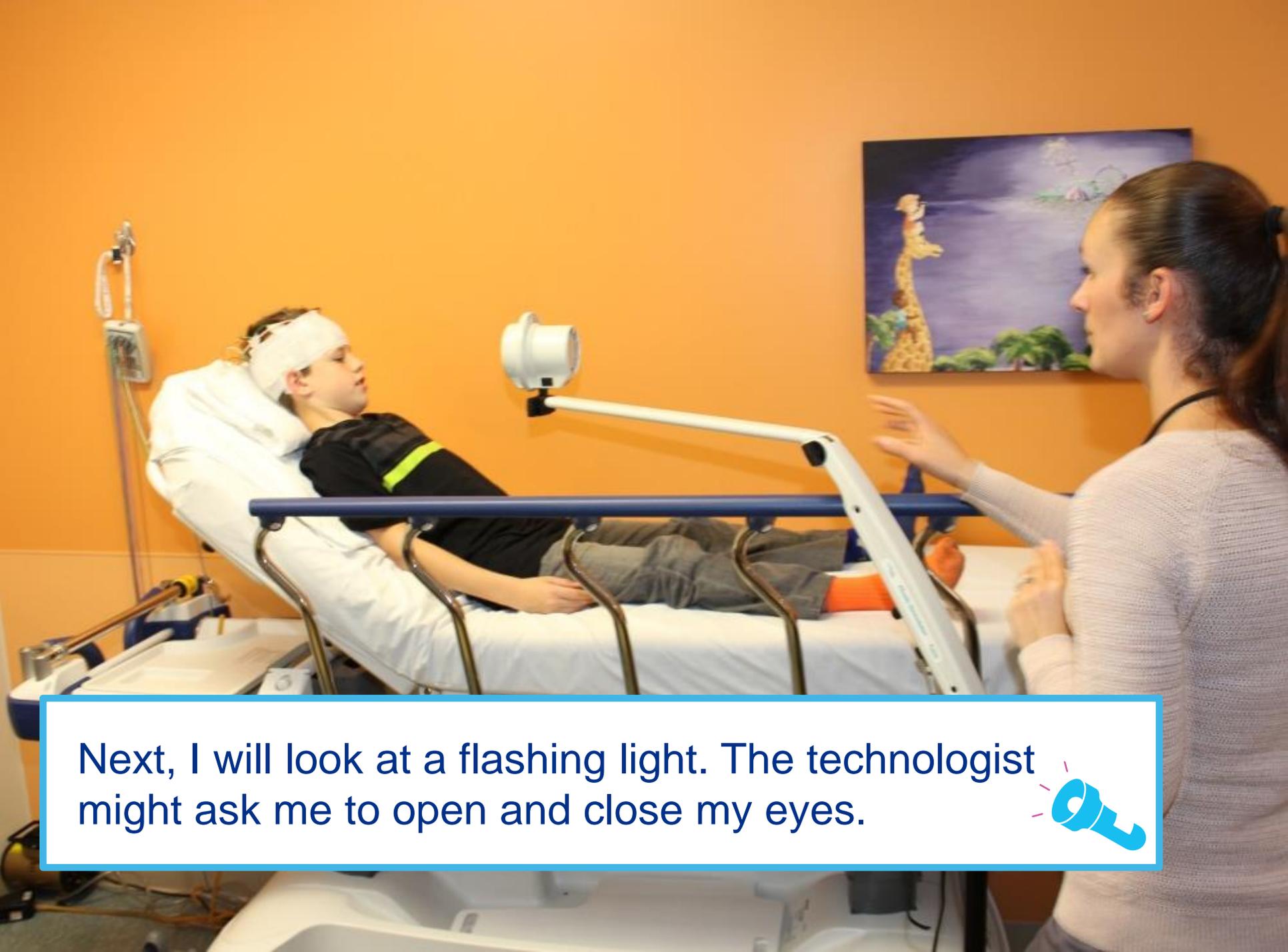


Next, the technologist will wrap my head with soft gauze.





Next, the technologist will have me blow on a pinwheel.



Next, I will look at a flashing light. The technologist might ask me to open and close my eyes.





Next, the technologist will put on an electrode hat and give me a backpack.

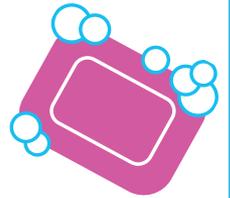




I will go home with my electrode hat and backpack. It is very important that I keep my electrode hat on until I come back to the hospital.



When I come back to the hospital, the technologist will take off the buttons using special shampoo.





I am all done with  
my EEG.

Everyone will be  
so proud of me!



**Developed By:**

Autism Spectrum Center & Child Life Services